



TRINIDAD & TOBAGO
TRIATHLON FEDERATION

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Trinidad & Tobago Triathlon Federation

Selection Policy

2024

Athletes



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1. INTRODUCTION

1. This selection policy (Policy) details the process and criteria by which the Trinidad & Tobago Triathlon Federation (TTTF) will select National athletes to represent Trinidad & Tobago at the following events:
 - a) 2024 CARIFTA Triathlon & Aquathlon Championships, Barbados; August 17 - 18, 2024.

Eligible athletes will compete in the following categories:

TABLE 1 – EVENT CATEGORIES

EVENT	AGE GROUP	RACE
CARIFTA Championships: Up to five males and five females per age group and per race	Age is determined as of December 31, 2024	Relays will be determined as per the event summons of the hosting country
	11-12	Triathlon: 200m swim / 5k cycle / 1.25k run
		Aquathlon: 250m swim / 1.5k run
	13-15	Super Sprint Triathlon: 375m swim / 10k cycle / 2.5k run
		Aquathlon: 500m swim / 2.5k run
	16-19	Sprint Triathlon: 750m swim / 20k cycle / 5k run
		Aquathlon: 1km swim / 5k run
	20-21	Sprint Triathlon: 750m swim / 20k cycle / 5k run
		Aquathlon: 1km swim / 5k run

2. ELIGIBILITY

World Triathlon rules and the TTTF’s eligibility requirements determine national representation eligibility for team members, and that they:

1. Are citizens of Trinidad & Tobago.
2. Possess a valid passport, visas, and other necessary travel documents with expiration dates at least 3 months after the race date.
3. Are current financial members of the TTTF.
4. Meet the World Triathlon age criteria for Senior (20 years & over), Junior (16-19 years) and Youth (15 years & under) athletes as of 31st December 2024.
5. Have not represented another country at an international race in the last three (3) years.
6. Participate in the required scheduled TTTF events as an individual; exceptions are allowed for the athlete's participation in international races such as CAC Games, Pan-Am Games, Commonwealth Games, Olympics or any other TTTF pre-approved Continental championships.
7. Demonstrate
 - a. Good sportsmanship
 - b. Respect for coaches, officials, and fellow athletes
 - c. Dedication to training schedules (club and National Team)
8. Attend 75% of the TTTF mandated National Team training sessions.
 - a. Athletes are excused from National Team training sessions for the following reasons:
 - i. Athlete is out of the country
 - ii. Athlete is ill and is required to submit a medical certificate to the TTTF within two (2) days following the missed training session(s)
 - iii. Athlete has been granted written permission from the National team Head Coach due to exigent circumstances
9. Adhere to the TTTF Athlete's Code of Conduct.
10. Are recommended by their Club or Primary Coaches to the TTTF for ratification.

3. SELECTION CRITERIA

1. Athletes can automatically qualify for the National Team by virtue of performance in selected races, as per clause **3a**.
2. Following the allocation of automatic Team positions under clause **3b**, any remaining Team positions **may** be selected at the discretion of the TTTF as set out in clause **3c**.
3. Foreign based national athletes who are not able to attend the selection events by the TTTF, must submit a list of races in writing, no later than **March 1, 2024**, to be approved by the TTTF. See [Appendix 1](#) for additional relevant criteria.

4. Local athletes who are unable to attend the required local events must submit in writing to the TTTF, the rationale for their inability to participate in the race(s) **and** must request approval for consideration for National Team Selection. This must be done no later than one week after the conclusion of each missed event. Time trials may be required in cases where a coach applies for a Discretionary position. If required, a medical note must be submitted for an Athlete who missed a qualifier event.
5. For local events, an official from TTTF must be present at the race venue for official submission of results to the TTTF.
6. For foreign based events, an official race result must be signed by the Head Official or Referee for official submission of results to the TTTF.

Please note: This Policy does not require TTTF to select the maximum number of either male or female athletes for any event. The final team numbers are at the absolute discretion of the TTTF.

a. Selection Events

The following events will be used for the CARIFTA 2024 National Team selection.

1. CARIFTA Triathlon Team Selection:

- i. **TTTF National Triathlon Championships** – Above Average Triathlon, Buccoo, Tobago, March 23, 2024.

(1) 11-12 & 13-15 - Super Sprint Distance: 375m swim, 10km ride, 2.5km run.

(2) 16-19 & 20-21 - Sprint Distance: 750m swim, 20km ride, 5km run.

2. CARIFTA Aquathlon Team Selection:

- i. **TTTF National Aquathlon Championships** – Las Cuevas, Trinidad March 10, 2024

(1) 11-12: 250m swim, 1.25km run.

(2) 13-15: 500m swim, 2.5km run.

(3) 16-19 & 20-21: 1000m swim, 5km run.

3. DISCRETIONARY EVENT:

- i. **Pool Triathlon Qualifier** – Location TBD, May 4th/5th, 2024 (tentative). TTTF may include a discretionary event as necessary. Athletes who participate in this event will be considered for discretionary selection only. Regardless of performance, athletes who

qualify for National Team consideration cannot supplant any Automatic qualifiers from the National Triathlon/Aquathlon Championships.

b. Automatic Selections

1. The five fastest athletes in each category that meet the Automatic times will automatically be selected for National Team representation.
2. Athletes finishing slower than the Automatic Times but achieve the B Times, will be considered for National Team Selection.
3. The TTTF reserves the right to adjust the times if the course distances deviate more than 5% or for adverse weather conditions.
4. Following the allocation of automatic Team positions, as detailed above and in the Appendices, any remaining Team positions may be selected at the discretion of the TTTF as stipulated in **Section 3c**.

TABLE 2 – NATIONAL TRIATHLON QUALIFYING TIMES

AGE GROUP	AUTOMATIC TIME	B TIME	DISTANCE
11 - 12 Male	1:00:00 or less	1:10:00 or less	375m swim / 10k cycle / 2.5k run
11 - 12 Female	1:05:00 or less	1:15:00 or less	375m swim / 10k cycle / 2.5k run
13 - 15 Male	38:00 or less	46:00 or less	375m swim / 10k cycle / 2.5k run
13 - 15 Female	43:00 or less	50:00 or less	375m swim / 10k cycle / 2.5k run
16 - 19 & 20 - 21 Male	1:08:30 or less	1:16:00 or less	750m swim / 20k cycle / 5k run
16 - 19 & 20 - 21 Female	1:22:00 or less	1:30:00 or less	750m swim / 20k cycle / 5k run

TABLE 3 – NATIONAL AQUATHLON QUALIFYING TIMES

AGE GROUP	AUTOMATIC TIME	B TIME	DISTANCE
11 - 12 Male	11:00 or less	14:00 or less	250m swim / 1.5k run
11 - 12 Female	13:00 or less	16:00 or less	250m swim / 1.5k run
13 - 15 Male	18:30 or less	22:00 or less	500m swim / 2.5k run

13 - 15 Female	20:15 or less	26:00 or less	500m swim / 2.5k run
16 - 19 & 20 - 21 Male	33:30 or less	40:00 or less	1000m swim / 5k run
16 - 19 & 20 - 21 Female	42:30 or less	47:00 or less	1000m swim / 5k run

TABLE 4 – POOL QUALIFYING EVENT (DISCRETIONARY)

<u>AGE GROUP</u>	<u>CONSIDERATION TIME</u>	<u>DISTANCE</u>
11 - 12 Male	TBD based on race location	TBD based on race location
11 - 12 Female	TBD based on race location	TBD based on race location
13 - 15 Male	TBD based on race location	TBD based on race location
13 - 15 Female	TBD based on race location	TBD based on race location
16 - 19 & 20 - 21 Male	TBD based on race location	TBD based on race location
16 - 19 & 20 - 21 Female	TBD based on race location	TBD based on race location

c. Discretionary Positions

1. Athletes who achieve B times are not automatic qualifiers for the National Team. Once an athlete makes a B time, coaches are required to send discretionary letters to the TTTF requesting that athletes be considered for National Team selection.
2. After allocation of any automatic selection positions, any remaining Team positions (up to the maximum allowed by each event) **may** be selected at the discretion of the TTTF, based on the achievement of the B Times. This discretion is absolute and need not be exercised.
3. Time trials may be required in cases where a coach applies for a Discretionary position.
4. If required, a medical note must be submitted for an Athlete who missed a qualifier event.
5. Without in any way limiting the discretion of the TTTF as set out immediately above, the TTTF may consider the following:
 - a. An athlete’s performance in the 2023 CARIFTA Championships
 - b. An athlete who lived and trained abroad and has competitive times at races within the last 6 months
 - c. An athlete’s ability to medal
 - d. An athlete’s conduct at previous National events

- e. An athlete who qualified for CARIFTA 2023 but was unable to attend
- f. An athlete who has represented Trinidad & Tobago at other international events (sanctioned by World Triathlon)

4. WITHDRAWALS

1. If a selected athlete withdraws, is withdrawn, or is declared unfit to represent Trinidad & Tobago, the TTTF may replace that athlete with a further selection under the conditions detailed in Section 3c. This discretion is absolute and need not be exercised.
 - a. Team members can be declared unfit due to:
 - i. Injury or illness
 - ii. Non-adherence to TTTF Athlete’s Code of Conduct
 - iii. Non-attendance to mandatory training sessions or Team meetings

5. ANNOUNCEMENT OF THE TEAM

1. The TTTF will advise the Council of the selected athletes. The TTTF must demonstrate to the Council reasonable satisfaction that the process under this Selection Policy was properly followed in determining selections.
2. The selected team will be announced no later than May 31st, 2024.

6. FUNDING

1. There is no funding support for athletes intending to compete in local events. Athletes are responsible for funding all areas related to competing in the races identified in this selection policy, inclusive of, but not limited to, air and ground travel, accommodation, and meals.
2. Funding for athletes entering regional and international races will be dependent on the availability of Government funding and/or corporate sponsorship. Unless advised otherwise, athletes are responsible for funding all areas related to competing in the races identified in this selection policy, including Entry Fee and Travel.

7. APPEALS PROCESS

1. The selection of athletes to represent Trinidad & Tobago as listed above is final. No appeals will be considered.

8. AMENDMENTS

1. This Policy can be amended at any time by the TTTF, if the TTTF deems that such an amendment is necessary for any of the following reasons:
 - a. Any change in World Triathlon eligibility criteria or rules.
 - b. Any change in the rules governing a particular race/event.
 - c. To implement the Policy after identifying a drafting error or oversight.
 - d. To clarify any ambiguity or otherwise to effect to the intended meaning of the Policy.

The TTTF shall not be responsible or liable in any way to anyone because of any such amendment.

9. POLICY ENQUIRIES

All enquiries regarding this policy should be directed to the Trinidad & Tobago Triathlon Federation - tttriathlonfederation@gmail.com

Trinidad & Tobago Triathlon Federation
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APPENDIX 1 – Supplemental criteria for foreign based athletes

1. Foreign based athletes may submit race times only from races that are sanctioned by the local governing body for each sporting discipline.
2. Multi-sport events must be recognized by the World Triathlon body.
3. Private Time Trials may not be submitted for approval.
4. All official race results to be submitted for consideration by TTTF must be signed by the Head Official or Head Referee of the raced event.
5. Foreign based athletes must submit a list of races for TTTF to approve for consideration.
 - a) The category of races must match the category of races for locally based athletes.
 - b) The list must be submitted by **March 1, 2024**.

APPENDIX 2 – TTTF CALENDAR

February	868 Aquathlon	Sun 26	Las Cuevas
March	National Aquathlon	Sun 10	Las Cuevas
	Schools Aquathlon	Sun 17	Nat Aquatic Ctr
	Above Average Sprint & Super Sprint	Sat 23	Buccoo, Tobago
April	868 Triathlon	Sat 27	5 Islands
May	Triathlon (tentative)	Sat 04	TBD
June	Rainbow Cup Trinidad	Sat 08	Tobago
	Schools Series Triathlon	Sun 30	Nat Aquatic Ctr
July	Development Cup	Sunday 07	Barbados
Aug	CARIFTA	16 to 18	Barbados
September	Development Cup	14/15	Tobago
	National Duathlon	29-Sep	TBD
October	Schools Duathlon	3rd or 4th week	TBD