

TRINIDAD & TOBAGO TRIATHLON FEDERATION (TTTF) 2013 NATIONAL DUATHLON CHAMPIONSHIPS  
 Sunday 14nd April, 2013 - Queen's Park Savannah

-----{{ OVERALL FULL DISTANCE DUATHLON RESULTS (10km RUN / 40km BIKE / 5km RUN) }}-----

Pl.	Total Time	#	Name	Age	S	Di/To	Div	Pl.	Run	Pl.	Bike	Pl.	Run	Team
1	2:02:49	2809	ANCIL GREEN	38	M	1/5	M3039	1	38:29	2	1:03:40	2	20:40	TRIELITES
2	2:06:59	2804	KIRK HEARN	28	M	1/4	M2029	3	40:30	1	1:01:58	5	24:32	SLIPSTREAM
3	2:07:53	2802	JONAH CAMPS	26	M	2/4	M2029	2	39:33	4	1:07:43	1	20:38	ONE A WEEK
4	2:15:31	2816	ROBERT SHARPE	50	M	1/4	M50+	8	44:47	3	1:07:05	4	23:40	
5	2:20:20	2823	JUNIOR BRISTOL	34	M	2/5	M3039	5	41:41	8	1:13:15	6	25:25	ONE A WEEK
6	2:20:39	2964	KERRY SPRINGER	30	M	3/5	M3039	7	44:05	10	1:14:11	3	22:24	
7	2:27:55	2822	KURTIZ NARINE	19	M	1/1	M1619	11	46:37	7	1:11:39	11	29:39	
8	2:30:34	2815	MICHAEL GODFREY	47	M	1/5	M4049	12	47:06	11	1:17:18	7	26:11	
9	2:31:14	2806	JEAN-PAUL BARTHOLOMEW	31	M	4/5	M3039	4	41:35	15	1:19:50	12	29:50	UWI
10	2:31:48	2812	BRENT BARRY	41	M	2/5	M4049	10	46:15	13	1:18:17	9	27:16	RAINBOW WARRIORS
11	2:31:49	2803	RONALD VINCENT	27	M	3/4	M2029	13	48:16	9	1:13:23	14	30:11	UWI ENDURANCE
12	2:33:57	2865	GERVASE WARNER	48	M	3/5	M4049	14	48:45	12	1:18:14	8	26:58	
13	2:34:12	2824	ALLAN DARWENT	33	M	5/5	M3039	9	45:10	14	1:19:11	13	29:52	TEAM HOPE
14	2:35:43	2821	BRENDAN YETMING	40	M	4/5	M4049	6	43:16	19	1:24:57	10	27:31	ONE A WEEK
15	2:37:12	2820	AUBREY BRYCE	64	M	2/4	M50+	19	55:12	5	1:09:08	18	32:53	ONTARIO ASSOC OF TRI
16	2:43:29	2813	ERLE RAHAMAN-NORONHA	44	M	5/5	M4049	17	50:44	6	1:10:56	22	41:50	
17	2:46:06	2825	UMESH NANDALAL	23	M	4/4	M2029	15	48:49	18	1:24:38	17	32:41	UWI
18	2:47:04	2817	DIANE HENDERSON	51	F	1/1	F50+	18	54:22	17	1:21:30	15	31:12	CORKIES
19	2:55:29	2819	NIGEL WALL	58	M	3/4	M50+	20	57:20	16	1:20:58	19	37:12	TEAM HOPE
20	2:56:07	2800	THAIS GUTIERREZ	34	F	1/2	F3039	16	49:06	22	1:35:39	16	31:23	POISON IVY
21	3:09:54	2807	IOLA PIERTO	32	F	2/2	F3039	21	58:16	20	1:30:16	21	41:23	UWI
22	3:14:22	2818	STANLEY PATINO	65	M	4/4	M50+	22	59:28	21	1:33:44	20	41:11	CRUSHERS

-----{{ OVERALL SPRINT DUATHLON RESULTS (5km RUN / 20km BIKE / 2.5km RUN) }}-----

Pl.	Total Time	#	Name	Age	S	Di/To	Div	Pl.	Run	Pl.	Bike	Pl.	Run	Team
1	59:36	2909	AVINASH ANAMALAY	19	M	1/6	M1619	1	17:26	2	33:04	1	9:07	TRIELITES
2	1:09:24	2952	KENT COSTA	48	M	1/7	M4049	6	23:34	1	32:39	5	13:12	HEATWAVE
3	1:09:49	2903	JOSHUA HO	16	M	2/6	M1619	2	19:42	9	38:02	4	12:06	CORKIES
4	1:11:11	2915	SAMUEL ELVIN	20	M	1/1	M2029	3	22:10	7	37:05	2	11:57	TRIELITES
5	1:12:19	2933	TYRONE DOUGHTY	35	M	1/9	M3039	5	23:32	4	35:23	6	13:25	TRIELITES
6	1:12:51	2963	JUAN SEQUERA	38	M	2/9	M3039	8	23:57	3	35:01	10	13:54	
7	1:15:07	2904	STEFAN MASON	16	M	3/6	M1619	4	22:58	6	36:58	16	15:12	TRIELITES
8	1:15:58	2814	DERRICK SIMON	45	M	2/7	M4049	11	24:30	12	39:31	3	11:58	ONE A WEEK
9	1:17:56	2908	RENEE CHIN LEE	18	F	1/6	F1619	10	24:27	13	39:59	7	13:31	SJC
10	1:18:22	2926	MARK URQUHART	32	M	3/9	M3039	14	25:45	8	37:27	15	15:11	TRIELITES
11	1:20:21	2962	DENISE JEFFREY	46	F	1/10	F4049	20	27:03	10	38:23	14	14:57	GUYANA
12	1:23:08	2917	AMELIA ROUSE	22	F	1/4	F2029	13	25:34	21	42:55	12	14:40	UWI
13	1:23:21	2923	CRYSTAL SKEETE	27	F	2/4	F2029	12	25:22	24	44:15	8	13:46	UWI
14	1:23:55	2940	LUANA BOYACK	44	F	2/10	F4049	15	26:01	23	44:09	9	13:46	
15	1:25:54	2810	ADRIAN FREDERICK	38	M	4/9	M3039	18	26:46	26	44:36	11	14:32	
16	1:25:55	2924	KIMBERLEY FARAH	30	F	1/3	F3039	19	26:54	25	44:16	13	14:46	
17	1:26:00	2925	KEVIN SEE TAI	31	M	5/9	M3039	22	27:10	18	42:24	21	16:27	TEAM HOPE
18	1:26:16	2934	JEREMY FRANCIS	36	M	6/9	M3039	24	27:28	20	42:48	17	16:01	YARDCORE CREW
19	1:28:08	2931	DAVE RAMBERAN	34	M	7/9	M3039	30	29:33	15	41:39	22	16:57	TEAM HOPE
20	1:28:46	2945	TERRENCE RAMPERSADSING	45	M	3/7	M4049	31	29:59	14	40:08	29	18:40	
21	1:28:46	2954	RODNEY PASCALL	49	M	4/7	M4049	17	26:45	22	43:45	27	18:17	RAINBOW WARRIORS
22	1:29:19	2910	JASON GAITAN	19	M	4/6	M1619	7	23:40	36	48:34	23	17:06	CHARRAN
23	1:30:07	2946	DEREK DANIEL	46	M	5/7	M4049	32	31:11	17	41:46	24	17:10	RAINBOW WARRIORS
24	1:31:05	2927	LINDSAY SCOTT	32	F	2/3	F3039	27	29:20	28	45:45	18	16:01	
25	1:31:21	2922	SONIA MOHAMMED	27	F	3/4	F2029	21	27:08	31	46:50	26	17:23	TEAM HOPE
26	1:31:45	2939	KIYOMI RANKIE	43	F	3/10	F4049	29	29:28	29	46:16	19	16:02	
27	1:32:29	2901	CHELSEA MOHAMMED	16	F	2/6	F1619	37	32:19	16	41:41	28	18:29	
28	1:33:03	2912	MIKE SHAND	35	M	8/9	M3039	23	27:26	30	46:34	30	19:04	
29	1:33:36	2953	MICHELLE WILSON-STUVEN	49	F	4/10	F4049	25	28:10	37	49:09	20	16:18	TRI FIGHTERS
30	1:36:07	2936	RAYMOND NICHOLAS	39	M	9/9	M3039	34	31:56	32	47:00	25	17:12	UWI
31	1:36:54	2958	STEPHAN MOSES	18	M	5/6	M1619	35	32:01	27	45:41	33	19:13	
32	1:36:56	2948	REBECCA THOMPSON	47	F	5/10	F4049	26	29:18	35	48:22	34	19:17	
33	1:37:56	2943	EDDY DEVISSE	44	M	6/7	M4049	33	31:28	33	47:18	32	19:12	
34	1:39:21	2929	NADINE CHIN HONG	33	F	3/3	F3039	36	32:16	34	47:56	31	19:10	
35	1:42:37	2911	NYKESI OMOKUGHEGBE	19	F	3/6	F1619	38	32:28	38	49:14	37	20:56	SJC
36	1:44:28	2913	LAURA-ASHLEY HENDERSON	19	F	4/6	F1619	40	33:15	42	51:11	35	20:03	SJC
37	1:45:20	2914	PAULINA CHAMELY	19	F	5/6	F1619	42	34:00	40	49:53	39	21:28	SJC
38	1:46:27	2937	LISELLE DEDIER	42	F	6/10	F4049	41	33:45	44	52:21	36	20:23	TEAM HOPE
39	1:50:34	2966	ALICIA MC KENZIE	41	F	7/10	F4049	43	36:06	41	50:40	42	23:48	RAINBOW WARRIORS
40	1:51:10	2921	NAKITA POON KONG	26	F	4/4	F2029	46	38:34	39	49:26	41	23:12	TEAM HOPE
41	1:55:11	2944	GEORGINA TERRY	44	F	8/10	F4049	45	37:43	45	55:21	40	22:08	TEAM HOPE
42	1:55:46	2938	BRIONY BADEN-SEMPER	43	F	9/10	F4049	44	36:08	46	58:12	38	21:27	RAINBOW WARRIORS
43	2:06:52	2960	CAROLYN ORTIZ	51	F	1/1	F50+	47	41:31	43	52:15	43	33:07	ONTARIO ASSOC OF TRI
44	- DSQ -	2956	ALISTAIR BEADLE	51	M	1/1	M50+	28	29:25	5	36:14			NRMB
45	- DSQ -	2902	EMMANUEL ALCALA	16	M	6/6	M1619	39	32:28	11	38:34			RAINBOW WARRIORS
46	- DNF -	2950	JACQUELINE JODHAN	48	F	10/10	F4049	9	24:19	19	42:39			
47	- DNF -	2947	STEPHEN WELCH	46	M	7/7	M4049	16	26:16					TEAM HOPE

-----{{ OVERALL KIDS 13-15 DUATHLON RESULTS (4km RUN / 15km BIKE / 2km RUN) }}-----

Pl.	Total Time	#	Name	Age	S	Di/To	Div	Pl.	Run	Pl.	Bike	Pl.	Run	Team
1	1:04:46	2735	SEBASTIAN BOS	15	M	1/14	B1315	2	19:45	2	31:38	2	13:25	CCT
2	1:11:34	2967	LORENZO OROSCO	14	M	2/14	B1315	11	26:08	1	30:58	4	14:29	
3	1:11:41	2725	LILY STAUBLE	14	F	1/7	G1315	3	21:41	6	36:27	3	13:34	SJC
4	1:14:12	2961	DEVONTA NOEL	15	M	3/14	B1315	4	21:50	4	35:48	8	16:35	RAINBOW WARRIORS
5	1:14:13	2728	SCOTT MARCHACK	14	M	4/14	B1315	1	19:39	13	41:20	1	13:14	RAINBOW WARRIORS
6	1:15:39	2730	JORDAN VAN REEKEN	15	F	2/7	G1315	5	24:08	3	34:10	9	17:23	
7	1:16:59	2732	KESTON ANDREWS	15	M	5/14	B1315	7	25:00	5	35:52	7	16:07	RAINBOW WARRIORS
8	1:17:13	2727	EMMA CHIN LEE	14	F	3/7	G1315	9	25:57	8	36:39	5	14:39	SJC
9	1:17:41	2720	KRISTOFF URQUHART	13	M	6/14	B1315	10	25:58	7	36:37	6	15:06	TRIELITES
10	1:21:32	2731	DEREK MATTHEW	15	M	7/14	B1315	6	24:24	10	39:42	10	17:27	RAINBOW WARRIORS
11	1:23:22	2729	NICHOLAS CALLENDER	15	M	8/14	B1315	12	26:57	9	38:02	11	18:24	RAINBOW WARRIORS
12	1:26:38	2719	LOGAN RAYMOND	13	M	9/14	B1315	8	25:53	12	40:49	12	19:58	CCT
13	1:36:40	2724	ALAIHA HADEED	13	F	4/7	G1315	14	30:30	16	45:07	13	21:04	SJC
14	1:39:10	2733	MARCUS FORTUNE	15	M	10/14	B1315	13	28:23	19	49:38	14	21:11	RAINBOW WARRIORS
15	1:40:06	2726	RICARDO RAMNATH	14	M	11/14	B1315	17	34:59	11	40:24	18	24:44	RAINBOW WARRIORS
16	1:40:58	2734	MYA MARRIOTT_SEMPER	15	F	5/7	G1315	16	34:57	14	44:34	15	21:27	RAINBOW WARRIORS
17	1:42:39	2741	JORDAN PREVATT	13	F	6/7	G1315	18	35:26	15	44:51	17	22:23	
18	1:50:38	2907	LEO SUDHOO	13	M	12/14	B1315	15	32:57	20	52:04	19	25:38	RAINBOW WARRIORS
19	1:50:52	2723	ARIANNA AGOSTINI	13	F	7/7	G1315	19	35:50	21	53:21	16	21:42	SJC
20	1:57:53	2721	BRANDON CALLENDER	13	M	13/14	B1315	20	41:47	17	49:05	20	27:03	RAINBOW WARRIORS
21		2722	JOSHUA ARNAUD	13	M	14/14	B1315	21	56:08	18	49:38			RAINBOW WARRIORS

-----{{ OVERALL KIDS 11-12 DUATHLON RESULTS (3km RUN / 10km BIKE / 1.5km RUN) }}-----

Pl.	Total Time	#	Name	Age	S	Di/To	Div	Pl.	Run	Pl.	Bike	Pl.	Run	Team
1	51:47	2718	JEAN-MARC GRANDERSON	12	M	1/7	B1112	2	16:56	1	24:41	1	10:11	RAINBOW WARRIORS
2	55:54	2711	ROBERT GODFREY	11	M	2/7	B1112	3	16:58	2	28:26	2	10:31	
3	1:00:24	2736	FINN BOS	12	M	3/7	B1112	1	15:39	3	29:25	7	15:21	CCT
4	1:01:57	2713	AYOMIDE GILBERT-SEMPER	12	M	4/7	B1112	4	17:42	4	29:44	5	14:31	CCT
5	1:12:32	2714	DENYLSON LARA	12	M	5/7	B1112	5	22:43	6	36:03	3	13:46	CCT
6	1:12:49	2712	DANIYELLE BENNETT	11	F	1/1	G1112	7	27:11	5	31:22	4	14:16	CCT
7	1:24:13	2906	CHAD HOSIN	11	M	6/7	B1112	6	25:08	8	44:01	6	15:05	RAINBOW WARRIORS
8	1:26:41	2968	DANIEL CHOW	11	M	7/7	B1112	8	30:30	7	37:22	8	18:51	RAINBOW WARRIORS

-----{{ OVERALL KIDS 9-10 DUATHLON RESULTS (2km RUN / 4km BIKE / 1km RUN) }}-----

Pl.	Total Time	#	Name	Age	S	Di/To	Div	Pl.	Run	Pl.	Bike	Pl.	Run	Team
1	32:28	2708	STEFAN STUVEN	9	M	1/3	B0910	1	13:34	1	10:34	3	8:21	TRI FIGHTERS
2	33:04	2710	TROY LLANOS	10	M	2/3	B0910	2	13:37	3	11:13	1	8:15	
3	33:58	2737	KRISTIAN URQUHART	10	M	3/3	B0910	3	14:50	2	10:51	2	8:18	SHAPE SHOP
4	36:00	2709	SARAH GODFREY	10	F	1/3	G0910	4	14:57	4	11:38	4	9:26	
5	44:52	2738	SHANTEL MASON	10	F	2/3	G0910	5	18:38	5	14:48	5	11:27	SHAPESHOP
6	46:24	2706	KAYA RANKINE BEADLE	9	F	3/3	G0910	6	18:46	6	15:59	6	11:40	

-----{{ OVERALL KIDS 7-8 DUATHLON RESULTS (1km RUN / 2km BIKE / 500m RUN) }}-----

Pl.	Total Time	#	Name	Age	S	Di/To	Div	Pl.	Run	Pl.	Bike	Pl.	Run	Team
1	9:09	2703	JAMES CASTAGNE-HAY	7	M	1/3	B0708							
2	9:11	2704	CAM'RON DINNOO	7	M	2/3	B0708							
3	13:58	2739	SHERISE MASON	8	F	1/2	G0708							SHAPESHOP
4	14:18	2805	ZARAH WATSON	8	F	2/2	G0708							RAINBOW WARRIORS
5	14:56	2740	RANDY CALLENDER	7	M	3/3	B0708							